

CHANGES

An Editorial From Poets of the New OM

By: Marina Phillips {WolfWillow}

The overall theme of recent days has been about turning points. This is the time where everything stops for a moment, and we take stock of where we are, how we got here, and where we might be going. For some, this moment is just a hiccup – a quick and easy assessment, hardly noticed.

For others, the term ‘hitting rock bottom’ has come up. Rock bottom denotes a particularly unpleasant place in mainstream thinking, where we have to do *something*, as much for the sake of our sanity, as for our survival. There are people in the world (especially poets) who believe that rock bottom also represents a moment of infinite potential – that place where absolutely anything is possible. Another name for it is ‘The Crossroads’, where it becomes very important for us to make thoughtful choices rather than quick ones. It is from this place that many poems are written, since there is such a rich, full range of emotions to draw from.

At this particular crossroads in time, we have the awareness and fortitude to consciously choose to be more than we are. We can choose to expand, to encompass, and to be compassionate. One historical example of a choice like this is that of the great teacher, Jesus, who prayed, “... Father, let this cup pass from me ...”. He didn’t *want* to suffer, who would? However, he stayed the course, and made the choice to fulfill his destiny. That couldn’t have been an easy one, but any arbitrary turning along the way, and the spiritual face of our entire society would probably look very different today. Think about that!

If it is true that our lives are the sum of our choices, we must get used to seeing that the essence of life is change. Flowing with change is a skill that will be greatly needed in the months and years ahead. These are the perceptions that make the moment of pure potential *THE* moment - divine in its conception, holy in its simplicity, and poem-worthy in its raw beauty.

May you flow easily with the choices and changes ahead!

Namaste!

