

# MEANING

## An Editorial from Poets of the New OM

By Marina Phillips {WolfWillow}

What kinds of things have meaning in life? There are a lot of things that people revere – honesty, integrity, faithfulness. Some people put an awful lot of energy into gathering things like money, or friends. When you stop and really think about this – what is it that has meaning for you, deep down in the core of your soul? Do you even know?

Everyone seeks to find meaning in their lives in many ways, on many different levels. We all look to different ‘things’ outside of ourselves to find meaning. Most will tell you that no amount of money, cars, friends, or other possessions can fill the emptiness they carry. At best, these things are a momentary distraction, and then they must begin their search again. There you have it - the reason it can be so difficult to bring meaning to our lives is because we’re looking in the wrong places.

Have you ever painted a picture? Wrote a poem? Made a sculpture out of soft, warm clay? Art is a fascinating place to find meaning, because it is an outward expression of what we have within us. All of us! One man’s painting is another man’s healing. One woman’s poem is another woman’s inspiration. One person’s sculpture is the physical shape and texture of another person’s innermost feelings.

The meaning we seek to find is wrapped up in this idea of wholeness – oneness - with everyone, and everything we perceive. The more meaning we find within ourselves, the more we heal, the more we teach, and the more we discover all the color, richness and depth life has to offer.

We can make our whole lives a work of art by recognizing what means the most to us, and by sharing that truth, no matter where it leads. We all teach, always, whether it be by our wholeness, or by our fragments.

So go ahead, find meaning in your moment, in whatever way means the most to you – and share it with others. The encouragement of you finding yours, gives everyone around you unspoken permission to find their own! What a beautiful gift – it’s all up to you!

***Namaste!***

### THE COLOR

She walks

wearing a red coat

amidst the black and white –

the essence of the human spirit –

smiling softly, undaunted by

how few the eyes that follow her.

Sadly ... many are color blind.